

## REQUIRED TEXTS

Chatfield, Adrian, and Rooms, Nigel. (2019) *Soul Friendship: A Practical Theology of Spiritual Direction*. Norwich: Canterbury Press.

Dyckman, Katherine Marie SNJM, and Carroll, L Patrick, SJ. (1981) *Inviting the Mystic, Supporting the Prophet: An Introduction to Spiritual Direction*. New York: Paulist Press.

Guenther, Margaret. (1992) *Holy Listening: The Art of Spiritual Direction*. Boston: Cowley Publications.

Additional readings and podcasts will be assigned and available through the website.

YEAR 1	Theme	Paper Topic
September (intensive)	Defining Spiritual Direction	
October	Chair 1: God	Images of God
November	Chair 2: The Directee	Transformation in the Spiritual Journey
December	Chair 3: The Director	Incarnation
January (silent retreat)	Supervision models/SD code of ethics	
February	Disorientation and Transition	Grief and Hope
March	Shame	Divine Mercy
April	Enneagram	Spiritual Community

YEAR 2	Theme	Paper Topic
September (intensive)	Discernment	
October	Suffering	Suffering
November	Sexuality	Longing
December	Dreams	Divine Grace
January (silent retreat)		
February	Addictions and Coping Strategies	Sin and the Problem of Evil
March	Forgiveness	Injustice
April	Vocation	Vocation or creative project

## **ASSIGNMENT DESCRIPTIONS**

### **Theological Reflection Papers**

Each month, students are expected to write a 3-4 page paper on the theme provided. This is not an academic paper; it is meant to answer four questions:

1. How did you understand this theme from your tradition or family of origin?
2. How do you relate to it now?
3. What is one thing you noticed in your reading/listening this month regarding this topic?
4. What does that reaction make you pay attention to in your listening?

These papers will be read to a small cohort in a directed journey group style.

There will be 12 theological reflection papers over the course of the program.

### **Supervision reflections**

Once students begin supervision, they are to complete a 1-2 page reflection in preparation for supervision, including their focus question and a 1-2 page summary of what they learned from supervision. More information will be given in January 2022, prior to the practicum starting. There will be 8 reflections over the course of the program.